

SIGNS YOUR LOVED ONE MAY NEED HELP AT HOME

- Loss of balance, difficulty walking, falling
 - Confusion about performing once familiar tasks
 - Poor grooming or personal hygiene
 - Change in physical appearance
 - Change in eating habits
 - Weight loss
 - Memory loss
 - Decreased energy, increased fatigue
 - General confusion
 - Depression or unusual lack of interest
 - Decreased communication
 - Change in sleep habits
 - Bruises that might indicate falling
 - Burns that might indicate difficulty operating the stove
 - Difficulty concentrating
 - Poor judgment
 - Personality change
 - Missed appointments
 - Spoiled or outdated food in the refrigerator
 - If still driving, recent accidents or near misses
 - Dirty house, piled up laundry
 - Missed or mishandled medications, unfilled prescriptions
 - Yard no longer being maintained
 - Pots and pans with noticeable burn marks
 - Smell of urine in the house
 - Gets lost easily
 - Unopened mail, unpaid bills
 - Collection or late notices
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